HEALTH AND WELLNESS GROUP PACKAGES
Resorts World Las Vegas is proud to offer an exclusive collection of Health & Wellness experiences to integrate within your events. Designed to stir all five of the senses, these experiences will promote a deeper connection to the world around you.
A “Fitness To Go” concept, “Harmony” creates energy and balance from within. This program includes:

- **Exercise Classes** offering Yoga, running, jogging, walking or circuit training. Any additional equipment needed will be an additional cost.

- **Mindful Eating Activation**, featuring a wide array of farm-to-table dishes. In addition, in-house nutritional experts explain how to fuel the body in ways that maximize energy and output.

- **Meditation Breaks** led by experts from Awana Spa, with an emphasis on stress reduction and goal setting. Also available: Meditation Sessions (15 minutes) conducted either in your meeting room, or through a virtual connection prior to the meeting.

- **Essential Oils** delivered to all attendees’ to support better sleep and rejuvenation.
A program designed to reach goals through self-reflection, this program offers:

- **Musical Therapy**, specifically designed to inspire participants to "live their truth." Recordings include hit songs by Resorts World Artists-in-Residence Carrie Underwood, Katy Perry, Celine Dion, Luke Bryan, Tiësto and Zedd.

- **Essential Oil Diffusers** from Awana Spa, available in a wide variety of scents promoting openness. An expert will guide you in understanding the impact of each of the essential oils.

- **Honor System Water Challenge**, featuring sustainable ring bottles (custom messaging available with 30 day lead time), which promote mindfulness about the environment.

- **Natural Light Integration**, a practice proven to promote energy and focus among attendees.

- **Fun Walk / Run** amid the Resort’s expansive footprint. “Selfie” challenges and/or scavenger hunts are available to enhance the experience.

- **Awana Spa Passes** act as incentives to top performers of your attendees, as determined by your group leader. Maximum 5 complimentary passes per day.
With an overall goal of activating compassion by stirring the emotions, this program includes:

- **Music and Rhythm Tour** conducted to uplift moods and inspire compassion through a curated collection of diverse compositions and virtual effects.

- **The Great Indoors**, which creates an outdoor setting within your meeting room. Included: air purification and ionization to promote a healthier breathing environment, and floral arrangement to make your space a green one.

- **Kindness Affirmation Experience** to promote compassion, empathy, and altruism among your attendees.

- **Tea Mixologists** offer steeps that support wellness and rejuvenation. In addition, a Resorts World Sommelier will share knowledge about rare, organic and pure wines from our on-property Wally’s.

- **Massage Chairs** furnished by Awana Spa relieve anxiety, soothe minds and inspire empathy for others. Enjoy a five minute massage.

- **Giving Back Exercises** which engage your group in activities such as Hygiene Kit Builds, Socks for Success, and W|W Filter Builds. Customized videos featuring compassionate moments among attendees are also available.
Specifically designed to foster teamwork and loyalty among attendees, this program includes:

- **Fun Walk & Fun Facts** takes attendees on a morning walk of our expansive campus. Along the way, your Guide will impart facts and figures about the Resort and greater Las Vegas, encouraging conversations and connections among your group. Your tour concludes with music, coffee, and smoothies by the pool.

- **Your Space Goes Green** when customized floral arrangements brighten and freshen your meeting space.

- **Color Psychology** introduces your group to light therapy, as explained and demonstrated by one of our Light Specialists. (Hint: pops of blue inspire trust, peace, and loyalty.

- **Fountain of Youth Passports** from Awana Spa create loyalty by giving; each member of your group can gift a fellow attendee for a rejuvenating session. Maximum participation is 30 people per day.

- **Mindful Eating Activations** allow each attendee to choose fresh menu items from our in-house garden - or, members of your group can build their own sundaes using Craig’s Vegan Ice Cream and all-natural toppings.
Employing a regimen that focuses on maximizing efficiency and productivity, this program includes:

- **Desert Yoga at Sunrise** offered through Awana Spa infuses a daybreak session with a virtual vortex of breathtaking mountainscapes designed to soothe and inspire.

- **Awana Essential Oil Therapy**, infused throughout your meeting space, increases cognitive function and stimulates focus.

- **RWLV Master Classes** include courses on Horticulture & Sustainable Lifestyles, Piano Lessons at Wally’s Wine, and informative talks about discipline and strength given by Las Vegas performers.

- **Massage Chairs** furnished by Awana Spa relieve anxiety, soothe minds and recharge attendees for greater productivity in the days ahead.

- **Healthy Break Packages** keep the energy levels of attendees high with an array of nutritionally-balanced and delicious menu items.

- **Color Psychology** introduces your group to light therapy, as explained and demonstrated by one of our Light Specialists. (Hint: red stimulates the senses, orange increases energy levels, and green inspire tranquility)

- **Reignite** the brain and improve mental speed by placing puzzles in your break space or break up the day at the pool with our life-size Jenga and Cornhole.
As the first destination in Las Vegas to be certified by the Global Biorisk Advisory Board (GBAC), Resorts World employs state-of-the-art disinfection techniques, hi-tech air purification systems, and exacting standards for work practices throughout the property. Augmenting these measures, this program includes:

• Mobile Check-In for all guests and attendees.

• Hilton “Clean Stay” guestroom cleaning standards with no prior guest in your attendees’ room for at least 24 hours (based on availability)

• COVID Testing in the comfort of your guestroom prior to event start

• On the Fly app-based food ordering from any restaurant on property & delivered directly to the guestroom

• Your Event Space cleaned & disinfected daily offering the same space and same chair to each attendee throughout your event.

• Individual hand sanitizer and essential oil for your face mask to keep your attendees feeling comfortable and energized during your entire event.

• An option to have all Food and Beverage individually wrapped in eco-friendly containers.

**MEET SAFE**

$400 per person
For more information about Group Meetings at Resorts World, or to arrange for a guided tour of our spaces, please contact us:

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